



TRY OUR VERY OWN

EST. BEYOND COMPARE 2019

MADE FRESH FOR YOU RIGHT HERE IN OUR STORE!

# DOLLAR DEALS ARE BACK!

## The Big Deal

**3 DAYS ONLY!**  
FRIDAY APRIL 19th UNTIL  
SUNDAY APRIL 21st 2024

**Kraft  
BBQ Sauce**  
Assorted Varieties  
455ml

**\$2**



**Chicken  
Legs**  
6pk **\$6**  
9pk **\$9**



**Product of  
USA  
Corn On  
The Cob**  
**\$1**



**Kraft  
Salad  
Dressings**  
Assorted Varieties  
425ml  
**\$3**



EST. BEYOND COMPARE 2019

**In-Store Made  
Hot Dog Buns**  
White or Whole Wheat

**\$2**



**Cooked  
Ham**  
**\$1**  
/100g



**Compliments  
Cup Soup**  
Select Varieties  
65g

**\$1**



FIND US ON INSTAGRAM & FACEBOOK!

@Freshmarketfoods www.facebook.com/FreshMarketFoods

**Prices Valid Friday April 19th through Thursday April 25th, 2024**

Some items may not be exactly as illustrated and may be subject to availability, shop early for best selection. "Fresh Market Foods" will not be liable for typographical or illustration errors.



# Fresh Meats



Get your Pork or Beef Roasts CUSTOM CUT!



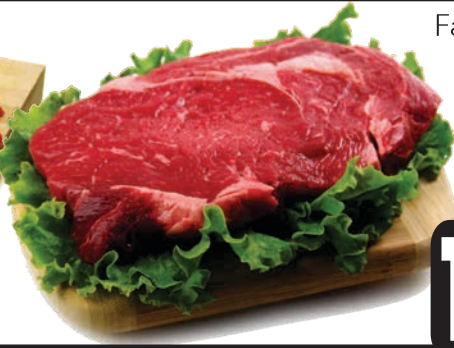
**Boneless Pork Chops**

**4pk \$4**

**8pk \$8**

Warehouse Pack  
**Extra Lean Ground Beef**  
17.00/kg

**7.71**  
/lb



Family Pack  
**Rib Eye Steaks**  
34.00/kg

**15.42**  
/lb

Small Pack  
**Beef Minute Steaks**  
15.00/kg

**6.80**  
/lb



**Rump Roast**  
13.00/kg

**5.89**  
/lb



Small Pack  
**Sirloin Tip Sandwich Steak or Eyes of Sirloin Tip Steaks**  
15.00/kg

**6.80**  
/lb



*In-Store Smoked!*  
**Mild or Hot Italian Sausage**  
11.00kg

**4.99**  
/lb



Whole  
**Pork Back Ribs**  
16.00/kg

**7.25**  
/lb



Family Pack  
**Pork Chops**  
9.00kg

**4.08**  
/lb



Warehouse Pack  
**Boneless Skinless Chicken Breast**  
16.00/kg

**7.25**  
/lb



Twin Pack  
**Whole Frying Chicken**  
12.00kg

**5.44**  
/lb



Family Pack  
**Chicken Split Wings**  
15.00/kg

**6.80**  
/lb



Family Pack  
**Chicken Wings**  
13.00/kg

**5.89**  
/lb

EST. BEYOND COMPARE 2019

# Smokehouse & Deli



*In-Store Smoked!*  
**Beef Sausage or Maple Breakfast Sausage**  
11.00kg

**4.99**  
/lb



**Smith's Salami or Pepperoni**

**\$1**  
/100g



*In-Store Prepared!*  
**Popcorn Chicken Meal with Wedges, Fries or Onion Rings**

**\$8**



*In-Store Smoked!*  
**Pepperoni or Kielbasa**  
11.00kg

**4.99**  
/lb



**Smith's Roast Beef, Corned Beef or Pastrami**

**\$2**  
/100g



**Burns Cooked Ham**  
375g

**\$8**



**Burns Wieners**  
375g

**\$5**



**Compliments Salads**  
Assorted Varieties  
454g.

**\$4**



**Compliments Dips**  
Assorted Varieties  
227g

**\$4**



**Compliments Goat Cheese**  
Assorted Varieties  
113g

**\$6**



# Fresh Produce



Product of USA  
**Iceberg Lettuce**  
or Product of Canada  
**Mini Seedless Cucumbers** 6pk  
or Product of Brazil  
**Red Mangoes**

**\$3**

Product of USA  
**Mandarins**  
2lb  
or Product of  
Costa Rica  
**Pineapples**

**\$6**

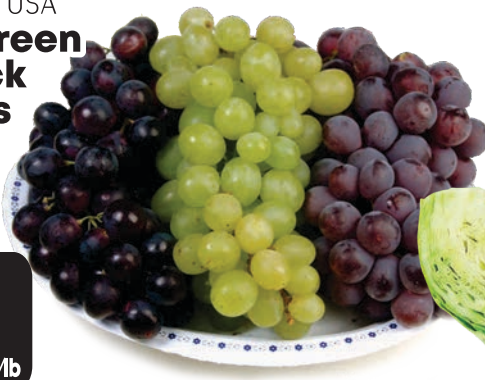


Product of Mexico  
**Avocados**

**2/\$5**

Product of USA  
**Red, Green  
or Black  
Grapes**  
8.82/kg

**\$4**  
/lb



Product of USA  
**Green  
Cabbage**  
2.21/kg

**\$1**  
/lb



Product of USA  
**Cauliflower**

**\$5**



Product of USA **Butternut, Acorn,  
Kabocha & Spaghetti Squash**  
4.41/kg

**\$2**  
/lb



Product of USA  
**The Little Potato Company  
Assorted  
Potatoes** 11lb

**\$4**



Product of Canada  
**Red & Orange Peppers**  
or Product of USA  
**Broccoli Crowns**  
6.61/kg

**\$3**  
/lb

Product of Canada  
**Red or Russet  
Potatoes**  
10lb

**\$7**



Product of USA  
**Compliments Cole Slaw  
or Garden Salad**  
340g

**2/\$6**

## Bulk Foods & Confectionary

**Fun Size  
Popcorn**  
**\$1**



**Small  
Ice Cream  
Float**  
**\$2**



**Monster  
Slushies**  
**\$4**



**Single  
Scoop  
Ice Cream**  
**\$3**



**Big Boy  
Popcorn**  
**\$5**



TRY OUR NEW  
FRESH-MADE  
**DONUTS!**



## Bakery

Now  
offering  
custom  
loaf slices!  
Come and  
see us in the  
Bakery!

**Chocolate  
Eclairs**

**\$2**



**Panache  
Mini Naan**  
200g

**\$2**



EST. BEYOND COMPARE 2019 *Made in-store!*  
**Donuts**  
Assorted Varieties

**\$1**



**Cake Slices**  
Assorted  
Varieties

**\$2**



**Dempster's Bagels**  
Assorted Varieties  
\*Excluding Signature  
6pk

**2/\$8**



**Compliments  
Hot Dog &  
Hamburger Buns**  
12pk

**2/\$5**



*Made in-store!*  
**Baguettes**

**\$1**



# Grocery



**Primo Pasta Sauce**  
Assorted Varieties, 680ml

**\$2**



**Catelli Pasta**  
Assorted Varieties, 500g

**\$3**



**Compliments Canola Oil** 3L

**\$11**

**Quaker Cereal**  
Assorted Varieties  
350-510g



**2/\$9**

**Pearl Milling Co. Pancake Mix and Syrup**  
Assorted Varieties  
905g / 750ml



**2/\$9**

**Old El Paso Dinner Kits**  
Assorted Varieties  
250-510g



**\$5**

**Old El Paso Salsa**  
Assorted Varieties  
650ml



**\$5**

**Compliments Rice**  
Assorted Varieties  
2kg



**\$5**

**Compliments Soya Sauce**  
Varieties  
450ml



**\$2**

**Compliments Apple Sauce**  
Assorted Varieties  
6pk



**\$2**

**Oasis Juice**  
Assorted Varieties  
960ml



**\$2**

**Cracker Barrel Shredded Cheeses**  
Assorted Varieties  
250-320g



**\$8**

**Starbuck's Coffee Creamer**  
Assorted Varieties  
828ml



**\$7**

**Compliments Cheese Slices**  
Assorted Varieties  
210-230g



**\$5**

**YOP Yogurt Drink**  
Assorted Varieties  
200ml



**\$1**

**McCain Potato Patties**  
1.3kg



**\$6**

**Cheemo Perogies**  
Assorted Varieties  
815-907g



**\$4**

**Jane's Chicken**  
Assorted Varieties  
700g



**\$12**

**Compliments Chicken Wings**  
Assorted Varieties  
800g



**\$12**

**Old Dutch Box Chips**  
Assorted Varieties



**2/\$7**

**Coca Cola Soft Drinks**  
Assorted Varieties  
12pk



**\$8**

**Compliments Fizzy Water**  
Assorted Varieties  
1L



**4/\$5**

**Compliments Chips**  
Assorted Varieties  
200g



**\$2**

**Purex Bathroom Tissue**  
12 Rolls



**\$10**

**Compliments Paper Towel**  
6 Rolls



**\$7**

**Compliments S'mores Kit**  
500g



**\$7**

**Bick's Pickles**  
Assorted Varieties  
1L



**\$4**